



Digestive Disorders



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Digestive disorders include Heartburn, Gastritis, Stomach Ulcers, Diverticulitis, Crohn's Disease, Ulcerative Colitis, Chronic Constipation, and Diarrhea.

The digestive system stores neuropeptides – the same molecules that make up your brain – except we have 10 times more neuropeptides in the body than in the brain!

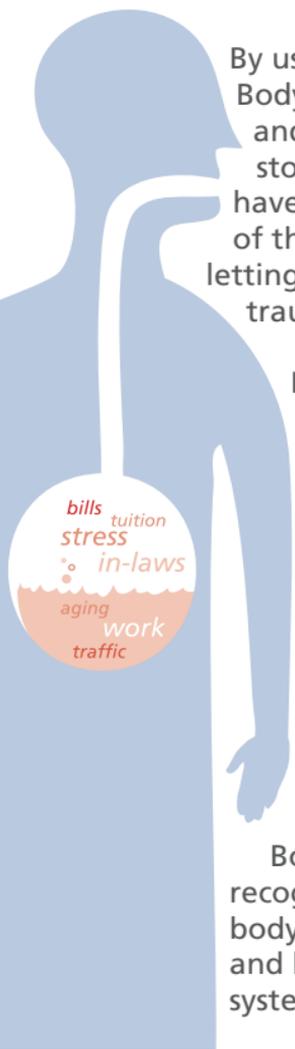
By using a technique called Active Memory, BodyTalk is especially successful at retrieving and neutralizing the thoughts and emotions stored in the tissues including the gut that have become pathologies. The consciousness of the large intestine relates to the idea of letting go of the past, e.g., old resentments, trauma, or former relationships.

Environmental factors can affect the internal chemistry of your digestive system. Stress relating to your boss, mother, son, or husband can directly affect the intestinal lining of your digestive tract, minimizing the absorption of vital nutrients.

BodyTalk assists the body to produce its own digestive enzymes and regulate its stomach acids in order to assimilate foods within the small intestine that previously caused harm or discomfort.

BodyTalk is a holistic form of therapy that recognizes the interrelationships within the body/mind and works to achieve balance and healthy communication among all body systems.

"All disease has emotional, psychological, spiritual, nutritional, and physical dimensions, each of which plays a distinct role." - Christiane Northrup, M.D.





BodyTalk is **Whole**Healthcare

The BodyTalk System is designed to address the “whole person”. This means that no aspect of the human experience can be overlooked, whether it is emotional, physical or environmental. BodyTalk was developed as a whole-healthcare system that supports and promotes the wellbeing of any person, animal, or plant.

As WholeHealthcare, BodyTalk understands the profound influence the psychology of the body has on our health. Instead of focusing on the symptom, BodyTalk finds the underlying causes of illness by addressing the whole-person and their unique-story.



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